

Welcome to Trinity United Methodist Church

“Together we LIVE to see our lives, our community, and our world transformed by the power of the Gospel of Jesus Christ.”

6800 Wurzbach Road, San Antonio TX 78240
www.tumcsa.net

REV. JOHN MEANDE
Pastor
pastor1@tumcsa.net

Sunday Worship
10:00 a.m.

In the sanctuary
(we encourage you to wear your mask even if you are fully vaccinated),

FB live, YouTube

New Seekers Faith Mtg.
Thursdays at 3:00 p.m.
Zoom room

Pastor-led Bible Study
5:00 p.m. on Tuesdays
Zoom room

Church office phone
210-684-0261
Mondays—Thursdays
11:00 a.m.—2:00 p.m.
(or call for an appointment)
e-mail:
ofcadmin@tumcsa.net

6800 Wurzbach Road,
San Antonio, Texas
78240
www.tumcsa.net

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“Even now,” declares the LORD, “return to me with all your heart...” Joel 2:12

2022 Missions - **MARCH 2022**

4th Sunday “Above and Beyond” Special Offering (PLEASE GIVE GENEROUSLY)

UMCOR SUNDAY



“Do All the GOOD you can in ALL the PLACES you can” - John Wesley
“Serve each other according to the gift each person has received,
as good managers of God’s diverse gifts” - 1 Peter 4:10

Debbie and Donny Downer or Susie and Sammy Sunshine?

Recently there was a series on a TV news show about “Elevator People.” They elevate others but keep them grounded. They are positive and supportive. They make one happy and anxiety-free. I believe that keeping others grounded but elevating them is the key to putting people in reality. Don’t tell a person who is 4’11” that he has a very good chance of playing basketball professionally. It’s not impossible, but a very good chance? Keep him grounded. On the other hand, being like my father and telling someone before he has even tried, that he will not be able to do something he wants to do, DOES NOT ELEVATE! Yes, some things are a fact, but be careful in stating what is only your opinion as a fact.

One of my favorite songs, recorded by Josh Groban, is entitled “You Raise Me Up.” The entire song talks about all the ways one gets encouragement from someone else. If you are not familiar with this song - and even if you are, I encourage you to read the lyrics and take them to heart. Another good song, recorded by Bette Midler, along this line is “Wind Beneath My Wings.” The lyrics have a similar sentiment and are just as encouraging. (Did you notice that both of these songs were chosen by Layne Kerley to be used in his Celebration of Life?).

Debbie and Donnie Downers are toxic to us; they turn their backs on God and toward themselves; they have none of the “light of God” in them; they choose to “elevate” themselves. Sylvia Browne referred to them as “dark entities.” Most likely what they tell you and everyone is a lie. You will hear how terrible our world is, how awful you are, or how your church is failing at several (maybe all) things, when these accusations are simply their opinions! In Proverbs 6:16-19, it says, “There are seven things that the Lord hates and cannot tolerate: a proud look, a lying tongue, hands that kill innocent people, a mind that thinks up wicked plans, feet that hurry off to do evil, a witness who tells one lie after another, and a man who stirs up trouble among friends.” (GNB) Note that lying is listed twice! Without even touching another person, one can tear down, maybe even destroy another’s reputation and possibly his spirit! (I consider this another form of murder!). As a friend’s mother used to say anytime I heard from someone a comment that irritated me, “Consider the source.” Do you really trust the source? Do you really believe that person? Is the comment based on fact, or is it simply someone’s opinion? I encourage you to check with other people or other resources. I also encourage you to do as Davy Crockett said, “Be sure that you are right, and then go ahead.”

Are you elevating others or putting them down? Is what you say a fact, or did you just make it up? If you can’t go about “doing good,” at least, don’t go about “doing bad.” No, I don’t believe any of you has “hands that kill innocent people,” but God hates some of these other acts just as much. I also realize that none of us is perfect, and that we must continue to work at following God’s will every day. I also know that many of you are like me in that we react before stopping to think things through. I try all the time to stop and think first, but it is more likely that I will speak first and then “play back” what I said. Being an “8” (see [The Road Back to You](#) about enneagrams) definitely has its challenges!

I feel I need to add that being a “1” also has its challenges. “1’s” are perfectionists. Their biggest challenge is not just trying to be perfect for themselves, but trying to “fix” everyone else, too. Try to remember that your idea of perfection just might not be another person’s idea of perfection. Also know that unsolicited advice is rarely received with “open arms.”

continued...

Always remember that “They’ll Know We Are Christians by Our Love.” Even if you say something to someone AS A FACT, do your best to say it with love, with the intent of making the person understand that your goal is to help, not to hurt, not to tear down. In the words of Cher, “Words are like weapons; they wound sometimes.”

Remember the words of Thumper, “If you can’t say somethin’ nice, don’t say nothin’ at all.”

As your Lay Leader, I am trying to lead. If any of this “rings true” with you, I hope you will follow it. If it doesn’t, I am not offended. You must follow your own heart toward what works for you in your road to Christian perfection.

In Christ’s Love,
Harriet Phillips
TUMC Lay Leader

**Join us for Fasting and Prayer Day here at Trinity on Thursday,
MARCH 17th, from 6am-12noon.
Pastor John’s cell phone will be open for prayer during those times.**

Do all the good you can,
by all the means you can,
in all the ways you can,
in all the places you can,
at all the times you can,
to all the people you can,
as long as ever you can.

• JOHN WESLEY •

Happy Birthday to:

ALISA ROBERTS	2-Mar
CYNTHIA SETTLES	12-Mar
MARCIA FOSTER	13-Mar
DEBRA PUTZ- TREVINO	14-Mar
JACK TOOLE	14-Mar
TOM PHILLIPS	20-Mar
DON DANCAK	22-Mar
SHIRLEY FERGUSON	24-Mar
HARRIET PHILLIPS	24-Mar
WARDINE WILCOX	28-Mar

Happy
birthday!

“New Seekers” (Sunday School) Zoom Meetings

The New Seekers Faith group would like to invite you to our next book study on zoom. Our book is The Walk by Adam Hamilton. Join us this Lent season, March 3rd at 3:00pm, and discover five essential spiritual practices rooted in Jesus’ own walk with God. Please contact Kay Aguilar for more information. You may request the zoom link from the church office. Email: ofcadmin@tumcsa.net.

This
N
That

Weekly Recurring Meetings:

- Prayer meeting every Monday via zoom at 2:15pm.
- Pastor-led Bible study is every Tuesday at 5:00 p.m.; please join us via zoom.
- New Seekers faith meeting meets on Thursdays at 3:00pm via zoom.

Please call Cynthia for zoom links.

Trinity is asking for volunteers to ...

- usher on Sundays at our worship services.
- broadcast our worship service live on Facebook (on rotation).
- help with the Family Life Committee. They are responsible

for our social activities, e.g. July 4th luncheon and sing-along, Trunk or Treat, Thanksgiving luncheon, and Super Chili Bowl Cook-off.

If you are led to serve in these areas, please contact Cynthia in the church office or Harriet Phillips.

JOIN THE NEW SEEKERS (N’ FIPS)

NEW SEEKERS/FIPS LUNCHEON MEETINGS ARE EVERY SUNDAY (EXCEPT 5TH SUNDAYS)
AFTER THE WORSHIP SERVICE.

1ST SUNDAY - JASON’S DELI, 5819 NW LOOP 410

2ND SUNDAY -ROYAL INN, 5440 BABCOCK

3RD SUNDAY, BILL MILLER BBQ, WURZBACH @ BANDERA

4TH SUNDAY - SEA ISLAND, 5959 NW LOOP 410



**ASH WEDNESDAY SERVICE
IS AT 7:00PM ON MARCH 2ND
IN PERSON IN THE SANCTUARY.**

2022 Living Lent

Wednesday

Thursday

Friday

Saturday

2

Jesus wants to be your friend. This Lent, turn away from what is wrong and come closer to Him.

Ash Wednesday
MARCH

3



Put your favorite toys or games in a box. On top, write "Goodbye for Lent. See you at Easter!" Give Mom the box.

4

Make a Giving Box by decorating a little box with a slot in the lid. Put a jar of coins nearby. Whenever anyone does a kind deed, they secretly take a coin from the jar and put it in the box. Give the money to the poor on Easter Sunday.

Read Luke 6:38.

5



Sunday

Monday

Tuesday

6

1st Sunday of Lent

"You shall worship the Lord, Your God, and him alone shall you serve." Luke 4:8



7



Go somewhere QUIET, think about JESUS, and tell Him, "I love You!"

8

Make an Ichthus with yarn.

Wear it and tell people about Jesus making the Disciples fishers of men.

Read Luke 5:1-11.



9



Forgive someone for something that made you feel sad or hurt your feelings.

10

Lord, make me an instrument of Your peace. Today, keep quiet when you want to say angry words.



11

Have members of your family write their names on pieces of paper and put them in a bowl.



12

Draw names to find your secret friend for Lent! Do special things (write notes, give little gifts, offer prayers) for your friend, and give him or her a card on Easter Sunday!

13

2nd Sunday of Lent

His face changed in appearance and his clothing became dazzling white. Luke 9:29



14



Visit or make a card for someone who is elderly or sick.

15



Decorate a candle and light it when your family prays.

16

Make a list of 10 things you are thankful to God for. Then tell Him!



17

Saint Patrick gave his heart to Jesus and brought the Gospel to Ireland.



Today, tell someone, "God loves you!"

18



Pray and remember the Way of the Cross that Jesus walked on Good Friday.

19



Jesus, the carpenter's son, honored Joseph His father. Today, do something special for dad!

20

3rd Sunday of Lent

"Whoever drinks the water I give will never thirst." John 4:14



21

List what is special about each person in your family, and then

GIVE it to them!

22

"I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." Exodus 3:6

23

Gather some clothing and give it to the poor.



24

DRAW A PICTURE of Jesus on the cross with sad people, and one of Jesus risen with happy people!

25

Thank your Mom for being a great Mother.

Read about Jesus' mother in Luke 1:26-38.

26

Read Psalm 23 with your family—The Lord is your Shepherd.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

27

4th Sunday of Lent

"I am the light of the world" John 9:5



28



Create a Prayer Space in your home with a cross, Bible, cloth, and a rock or candle. Gather and pray as a family.

29



Write a prayer for someone in your family—make it a surprise!

30

Talk with your family tonight: "Do we love God more this Lent?" If not, how can we grow closer these last few weeks?"



31

Give up something you like (TV, ice cream) today and offer it for someone in need.



1

New Life Seeds!

Poke holes in the bottom of a small transparent container. Add potting soil and plant beans or seeds. Just as Jesus died, was buried, and rose again, so the seeds will come to new life!

Read John 12:24.

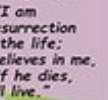


APRIL

3

5th Sunday of Lent

"I am the resurrection and the life: he who believes in me, even if he dies, will live." John 11:25



4

Clean your room without being reminded.



5

Just as food makes your body strong, God's Word makes your soul strong.



Today, read Matthew 19:14.

6

Go on a walk today and see all the beautiful things God made for us!



7

MAKE A BANNER. Use any material (paper, fabric, etc.) for a background. Write a Bible verse or cut out an Easter symbol (butterfly, empty tomb, etc.). Hide it and bring it out Easter Sunday!



8

9

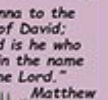
Help clean up after a meal.



10

Palm Sunday

"Hosanna to the Son of David; blessed is he who comes in the name of the Lord." Matthew 21:9



11

Watch the movie *Jesus of Nazareth* as a family and talk about it.



12

Pretzels in the shape of two arms folded in prayer are a traditional Lenten food.

INGREDIENTS
1 cake yeast
1 1/2 cups warm water
1 teaspoon salt
1 tablespoon sugar
4 cups flour:
1/2 whole wheat
1/2 unbleached

13

PREPARATION
Dissolve the yeast into the warm water, then add the salt and sugar. Blend in the flour mixture. Knead dough until smooth. Cut into small pieces. Roll into ropes. Twist into pretzel shape. Place on lightly greased cookie sheets. Brush pretzel with 1 beaten egg. Sprinkle with coarse salt. Bake immediately at 425° for 12-15 minutes.

14

Holy Thursday

"As I have loved you, so you also should love one another." John 13:34



15

Good Friday

Be especially quiet from Noon to 3 PM and remember Jesus on the cross.

John 19:30

16

Holy Saturday

Color Easter eggs today, and think of Jesus in the tomb. He won't stay there for long!



Easter Sunday APRIL 17

He is not here! He is Risen, just as He said! Matthew 28:6

INVITATION TO THE OBSERVANCE OF LENTEN DISCIPLINE

Dear Brothers and Sisters in Christ:

The early Christians observed with great devotion
The days of our Lord's passion and resurrection,
And it became the custom of the Church that before the Easter celebration
There should be a forty-day season of spiritual preparation.
During this season converts to the faith were prepared for Holy Baptism.
It was also a time when persons who had committed serious sins
And had separated themselves from the community of faith
Were reconciled by penitence and forgiveness,
And restored to participation in the life of the Church.
In this way the whole congregation was reminded of the mercy
And forgiveness proclaimed in the Gospel of Jesus Christ
And the need we all have to renew our faith.

I invite you, therefore, in the name of the church, to observe a holy Lent:

By self-examination and repentance;
By prayer, fasting, and self-denial,
And by reading and meditation on God's Holy Word.

Lent is a time to prepare for Easter. I commit myself to the following disciplines for these 40 days, in order to experience the depth and power of the death and resurrection of our Lord and Savior.

First check the ones you feel prompted to do. Then pray about it and circle the ones you will be able to follow through on.



INWARD AND -

Become healthier, body, mind, and spirit:

- _____Spend time in solitude and prayer daily
- _____Fast from food one day a week and give the time and money to Jesus
- _____Fast from a habit I need to give up
- _____Read twice through the Gospels of Matthew, Mark, Luke & John
- _____Join a small group at Trinity UMC
- _____Get enough healthy food, rest & exercise
- _____Reconcile with at least one person I am at odds with
- _____Attend all the Holy Week services as an act of love toward Jesus
- _____Inventory my priorities and reorder them in the light of Christ's love
- _____Try to make my lifestyle match my priorities
- _____Give up a grudge
- _____Forgive someone
- _____Worship every week
- _____Find a prayer partner
- _____Pray for my enemies

OUTWARD AND SOCIAL DISCIPLINES

Listen and respond to Christ's call to a ministry of service:

- _____Write a letter of affirmation once a week to someone who is not expecting it, or someone who has touched my life.
- _____Go to coffee or dinner with someone I want to know better
- _____Recycle
- _____Participate in serving a meal at the church after Sunday service
- _____Donate toward Trinity outreach ministries and work to increase awareness of this effort.
- _____Volunteer to help with Family Promise (March 8 -15)
- _____Say "No" to something that is a waste of money and time
- _____Pray for the courage to share my faith openly
- _____Decide to become or renew your membership of this church
- _____Rebuke the spirit of criticism and get my own tongue in control
- _____Pray with someone/for someone
- _____Bring an acquaintance to church on Palm Sunday and Easter
- _____Seriously consider the membership vows to support the church with "my prayers, presence, gifts, service, and witness."

Others

As a way of being held accountable, I will find someone with whom I can covenant so that we can share our intentions and encourage each other's growth in Christ.

Signed _____